

larson french door installation instructions

Updated Version

Larson French Door Installation Instructions

Installing a Larson French door can significantly enhance the aesthetic appeal and functionality of your home. Whether you're replacing an old door or installing a new one, proper installation ensures security, energy efficiency, and longevity. This comprehensive guide provides detailed Larson French door installation instructions to help you successfully complete the project. From preparing your workspace to final adjustments, follow these steps carefully for a seamless installation process.

Preparation Before Installation

Before diving into the installation, it's essential to gather all necessary tools and materials and prepare your workspace.

Tools and Materials Needed

- Larson French door kit (including frame, glass panels, hardware, and shims)
- Measuring tape
- Level
- Power drill with drill bits
- Screwdriver
- Hammer
- Utility knife
- Caulking gun and exterior-grade caulk
- Insulation foam or spray foam
- Pencil
- Safety goggles and gloves

Workspace Preparation

- Clear the area around the existing door opening.
- Ensure the floor is clean and level.
- Check the opening dimensions against the Larson French door specifications to verify compatibility.

- Remove any existing door and hardware, and clean the rough opening thoroughly.

Measuring and Preparing the Opening

Accurate measurements are critical for a proper fit.

Measuring the Rough Opening

- Measure the width at the top, middle, and bottom of the opening. Use the smallest measurement for your frame width.
- Measure the height at the left, center, and right sides of the opening. Use the smallest measurement for height.
- Measure the depth of the opening to ensure it accommodates the door frame thickness.

Preparing the Opening

- If the opening isn't plumb or square, use shims to correct these issues.
- Ensure the sill or threshold is level. Use a level to check and adjust as needed.
- Remove any debris, protrusions, or damaged framing that could interfere with installation.

Installing the Larson French Door Frame

The frame provides the structural support for your French door.

Step-by-Step Frame Installation

- **Position the Frame:** Place the Larson door frame into the rough opening, centering it and ensuring it's level and plumb.
- **Check Fit:** Verify the frame fits snugly within the opening, leaving approximately 1/4 inch clearance on each side for shimming.
- **Secure the Frame:** Using shims, evenly space the frame against the opening. Secure the frame temporarily with screws or nails through the frame's pre-drilled holes.
- **Ensure Proper Alignment:** Double-check that the frame remains level and plumb after securing. Adjust shims as necessary.
- **Final Fastening:** Once satisfied with the alignment, fully fasten the frame to the opening using screws. Typically, install screws through the frame's jambs at regular intervals.

Installing the Larson French Door Panels

With the frame securely in place, proceed to install the door panels.

Preparation

- Identify the door panels and hardware included in your Larson kit.
- Read the manufacturer's instructions for specific hardware assembly steps.

Attaching the Hinges

- Install hinges on the door panels according to the provided instructions, ensuring they are aligned and secure.
- Mark hinge locations on the door and frame for proper operation.

Mounting the Door Panels

- With assistance, lift the first panel into the frame, aligning hinges with hinge mortises or marks.
- Secure hinges to the frame using screws provided, checking for smooth opening and closing.
- Repeat for the second panel, ensuring it aligns correctly with the first for a seamless operation.

Installing Hardware and Weatherstripping

Proper hardware enhances security and functionality, while weatherstripping improves energy efficiency.

Hardware Installation

- Install handles, locks, and any additional hardware as per the manufacturer's instructions.
- Ensure all hardware is tightly secured and operates smoothly.

Weatherstripping and Sealing

- Apply weatherstripping along the edges of the door panels and frame to prevent drafts.
- Use exterior-grade caulk along the outside perimeter of the frame to seal gaps and prevent water infiltration.
- Install any threshold or sill plates included in your kit for added insulation and water resistance.

Final Adjustments and Finishing Touches

Ensure your Larson French doors function correctly and look polished.

Adjusting Door Operation

- Check that the doors open and close smoothly without sticking.
- If necessary, tighten or adjust hinges or hardware to improve operation.
- Ensure locks and latches align properly and secure tightly.

Insulation and Final Sealing

- Fill any remaining gaps around the frame with insulation foam or spray foam. Be cautious to avoid overfilling.
- Trim excess foam once cured, and seal with exterior-grade caulk.

Cleaning and Inspection

- Clean the glass and frame surfaces to remove fingerprints, dust, and debris.
- Inspect all hardware, seals, and adjustments to ensure everything is secure and functioning properly.

Additional Tips for a Successful Installation

- Always follow the specific instructions provided by Larson for your door model.
- Use a level and tape measure frequently during installation to maintain proper alignment.
- Work with a helper to handle heavy or awkward panels.
- Take your time to ensure all measurements and adjustments are precise for optimal performance.
- If uncertain about any step, consult Larson's customer support or hire a professional installer.

Conclusion

Installing your Larson French doors can be a rewarding project that enhances your home's beauty and functionality. By following these detailed Larson French door installation instructions, you'll ensure a secure, energy-efficient, and aesthetically pleasing result. Remember to take your time, double-check measurements, and work carefully through each step. Proper installation not only

guarantees the longevity of your doors but also provides peace of mind knowing your home is well-secured and stylish. Whether you're a DIY enthusiast or a first-time installer, these guidelines will help you achieve professional-quality results.

Larson French Door Installation Instructions: A Comprehensive Guide

Installing Larson French doors can significantly enhance the aesthetic appeal and functionality of your home. Whether you're replacing an old door or installing a new one, understanding the detailed installation process is crucial for a professional finish and long-lasting performance. In this guide, we'll walk you through every step, highlighting essential tools, safety tips, and troubleshooting advice to ensure a seamless installation experience.

Understanding Larson French Doors

Before diving into the installation process, it's important to familiarize yourself with the product specifics. Larson French doors are popular for their elegant design, durability, and ease of installation. They typically come as pre-hung units, which simplifies the process but still requires careful attention to detail.

Key Features of Larson French Doors:

- Double-pane or single-pane glass options
- Multiple frame materials (vinyl, wood, or aluminum)
- Various sizes and configurations
- Optional screens and hardware accessories

Preparation and Tools Required

Proper preparation sets the foundation for a successful installation. Gather all necessary tools and materials beforehand.

Tools Needed:

- Measuring tape
- Level (preferably a 48-inch spirit level)
- Cordless drill
- Screwdriver bits
- Hammer
- Pry bar

- Utility knife
- Shims
- Caulk gun
- Masking tape
- Pencil or marker
- Saw (if trimming is needed)
- Safety glasses and gloves

Materials Needed:

- Larson French door unit
- Anchors and screws (usually provided with the door)
- Exterior and interior sealant or caulking
- Weatherstripping
- Insulation foam (optional)
- Wood shims

Step-by-Step Installation Process

The installation process can be broken down into several key phases:

1. Measuring and Preparing the Opening

Accurate measurements are vital to ensure your Larson French door fits correctly.

Procedure:

- Measure the width and height of the existing opening at multiple points.
- Confirm that the rough opening dimensions are at least 1/2 inch larger than the door frame on all sides.
- Check for square (90° corners) using a carpenter's square.
- Remove any existing door, trim, or obstructions.
- Clean the opening thoroughly, removing debris and old sealant.

Tip: Always double-check measurements before ordering or proceeding with installation.

2. Preparing the Door and Frame

- Unpack the Larson French door carefully.
- Inspect for damages or missing parts.
- Remove any packaging materials and protective films.
- Dry-fit the door in the opening to check fit and operation.

3. Installing the Threshold and Frame

Steps:

- Position the threshold at the bottom of the opening.
- Use shims to level the threshold, ensuring it is flat and secure.
- Attach the frame temporarily with clamps or bracing to hold it in position.
- Verify that the frame is plumb (vertical) and square.
- Secure the frame to the opening using screws through the pre-drilled holes, starting from the top and working downward.

Tips:

- Use shims behind the frame as needed to maintain plumb and square.
- Do not overtighten screws to avoid warping the frame.

4. Installing the French Door Panels

- Carefully lift the door panels and hinge them onto the frame.
- Attach the hinges to the door and the frame, following the manufacturer's instructions.
- Ensure hinges are aligned and tighten screws securely.
- Open and close the door to check for smooth operation.

5. Adjustments and Fine-Tuning

- Check the door's alignment and operation.
- Adjust hinges or shims to correct any misalignment.
- Ensure gaps between the door and frame are even and consistent.
- Make sure the door latches properly and that locks engage smoothly.

6. Sealing and Insulation

Procedure:

- Apply weatherstripping around the perimeter of the door frame to prevent drafts.
- Use exterior-grade caulk to seal gaps between the frame and the wall.
- For added insulation, spray foam can be used in the gaps, but ensure it doesn't interfere with door operation.
- Install any additional weatherproofing accessories as desired.

7. Final Inspection and Testing

- Open and close the door multiple times to confirm smooth operation.
- Check that the locks and handles function correctly.
- Ensure all screws and hardware are tight.
- Inspect the sealing and weatherproofing work.

Safety Tips and Best Practices

- Always wear safety glasses and gloves to prevent injury.
- Use proper lifting techniques when handling heavy door panels.
- Work with a partner if the door units are large or heavy.
- Ensure the workspace is clear of obstacles.
- Follow the manufacturer's instructions carefully, especially regarding hardware and hardware placement.

Common Challenges and Troubleshooting

Even with careful planning, you may encounter some issues during installation.

Problem: Door Not Closing Properly

- Solution: Recheck hinge alignment, adjust shims, or plane the door slightly if necessary.

Problem: Gaps Between Frame and Wall

- Solution: Use additional shims or adjust the frame position before final securing.

Problem: Leaks or Drafts

- Solution: Reapply caulking, replace weatherstripping, or inspect for gaps.

Problem: Door Squeaks or Difficult Operation

- Solution: Lubricate hinges and hardware with silicone-based lubricant.

Additional Tips for a Professional Finish

- Take your time measuring multiple times to ensure accuracy.
- Use a level frequently during installation to maintain proper alignment.
- Keep the workspace clean to avoid debris that could interfere with installation.
- Consider hiring professional help if the opening requires significant framing modifications or if heavy lifting is involved.

Maintenance and Care After Installation

Proper maintenance ensures the longevity of your Larson French doors:

- Regularly clean glass panels with a non-abrasive cleaner.
- Lubricate hinges and locks periodically.
- Check weatherstripping and replace if worn or damaged.
- Reseal or recaulk as needed to maintain weatherproofing.
- Inspect the frame and hardware annually for signs of wear.

Conclusion

Installing Larson French doors can be a rewarding DIY project when approached with patience and attention to detail. By following the comprehensive steps outlined above, you can achieve a professional-looking installation that enhances your home's beauty and energy efficiency. Always prioritize safety, double-check measurements, and don't hesitate to seek professional assistance for complex tasks. Proper installation not only guarantees smooth operation but also prolongs the lifespan of your beautiful Larson French doors, allowing you to enjoy their elegance for years to come.

Question What tools are needed to install Larson French doors? You'll typically need a

drill, screwdrivers, level, measuring tape, shims, and a saw. Always refer to the specific Larson installation manual for any additional tools required. How do I prepare the doorway for Larson French door installation? Ensure the opening is clean, level, and square. Remove any old door frames or debris, measure the opening precisely, and verify the dimensions match the Larson door specifications before beginning installation. What is the recommended step-by-step process for installing Larson French doors? Start by assembling the door frame as per the instructions, then position the frame in the opening, secure it with shims, check for level and plumb, and finally attach the door panels and hardware according to Larson's guidelines. How do I ensure my Larson French doors are properly aligned during installation? Use a level to verify the frame is plumb and level on all sides. Adjust shims as needed to align the doors correctly, ensuring smooth operation and proper sealing once installed. Are there specific weatherproofing steps for Larson French door installation? Yes, apply weatherstripping around the frame, seal all gaps with caulking, and ensure the threshold is properly sealed to prevent air or water leaks and enhance energy efficiency. How can I troubleshoot common issues during Larson French door installation? Common issues include misalignment or difficulty opening. Double-check measurements, adjust shims for proper alignment, ensure hardware is tightened correctly, and consult Larson's troubleshooting guide if problems persist. Where can I find detailed installation instructions for Larson French doors? You can find the official installation manual on Larson's website, in the product packaging, or contact Larson customer support for specific guidance tailored to your door model.

Related keywords: Larson French door installation, Larson door installation guide, Larson French door hardware, Larson door replacement steps, Larson French door frame setup, Larson door mounting instructions, Larson French door assembly, Larson door installation tips, Larson French door troubleshooting, Larson door measurement guide

French cooking in early america

French cooking in early America played a pivotal role in shaping the culinary landscape of what would become the United States. From the earliest colonial settlements to the development of regional cuisines, French culinary traditions left an indelible mark on American food culture. This rich heritage reflects a blend of European sophistication and local influences, creating a unique gastronomic tapestry that continues to influence modern American cuisine today. Exploring the history, key influences, signature dishes, and legacy of French cooking in early America reveals how this culinary tradition helped define the nation's diverse food identity.

Historical Roots of French Cooking in Early America

The French Colonial Presence in North America

French culinary influence in early America primarily stems from the presence of French explorers, settlers, and traders. The French established several important colonies, including:

- New France (Canada): Spanning modern-day Quebec and parts of eastern Canada.
- Louisiana Colony: Founded in 1699, with New Orleans becoming a major hub of French culture and cuisine.
- Other settlements: Including parts of the Mississippi River Valley, which facilitated the spread of French culinary traditions.

French settlers brought their culinary techniques, ingredients, and dining customs with them, which gradually integrated with local ingredients and indigenous cooking practices.

The Role of French Cuisine in Early Colonial Society

French cuisine in early America was characterized by:

- Emphasis on rich, flavorful sauces and complex preparations.
- Use of local ingredients such as game, seafood, and native herbs.
- Adoption of European culinary techniques like sautéing, braising, and baking.

French culinary traditions often signified wealth and sophistication and were primarily enjoyed by the colonial elite, including traders, landowners, and aristocrats.

Key Influences of French Cooking in Early America

Techniques and Ingredients

French culinary techniques introduced in early America included:

- Sautéing and braising: Techniques to develop deep flavors.
- Use of roux: As a base for sauces and stews.
- Baking and pastry-making: Bringing French bread, cakes, and pastries to the American colonies.

Ingredients that became staples due to French influence include:

- Butter and cream: For sauces and pastries.

- Herbs like tarragon, thyme, and tarragon: To flavor dishes.
- Wild game and seafood: Such as duck, oysters, and fish, reflecting regional availability.

Influence on American Culinary Traditions

French cooking contributed to the development of several iconic regional cuisines, notably:

- Louisiana Creole and Cajun cuisine: Blending French, Spanish, African, and Native American influences.
- New Orleans cuisine: Known for its sophisticated use of sauces, spices, and seafood.
- The development of haute cuisine: French culinary techniques laid the groundwork for formal dining and gourmet cooking in America.

Signature Dishes of French-influenced Early American Cuisine

Classic French Dishes Adopted in America

Many dishes originating from French culinary traditions became staples in early America, including:

- Coq au Vin: Chicken braised with wine, mushrooms, and onions.
- Bouillabaisse: A seafood stew originating from Provence but adapted in coastal regions.
- Ratatouille: A vegetable medley that showcased regional produce.
- Crêpes and Pastries: French bread and pastry techniques influenced American baking.

Louisiana Specialties

Louisiana, especially New Orleans, became a culinary melting pot, famous for dishes such as:

- Gumbo: A hearty stew combining French roux, local seafood, and spices.
- Jambalaya: A rice dish with French, Spanish, and African influences.
- Bananas Foster: A dessert that reflects French-American fusion.
- Beignets: French-style fried doughnuts served with powdered sugar.

The Legacy of French Cooking in Early America

French Culinary Institutions and Their Impact

The establishment of French culinary institutions and elite kitchens in colonial America helped

preserve and transmit French cooking techniques. Notable examples include:

- French-trained chefs: Who brought refined techniques to American courts and restaurants.
- Culinary schools and cookbooks: Such as early American editions influenced by French cuisine.

French Influence on American Food Culture Today

Modern American cuisine continues to reflect French influences through:

- The prominence of French-inspired fine dining and haute cuisine.
- The popularity of French baking, including croissants and baguettes.
- The integration of French sauces like béchamel, hollandaise, and velouté into American cooking.

French Culinary Heritage in Contemporary America

French-American Fusion Cuisine

Today, chefs blend French techniques with American ingredients, creating innovative dishes. Examples include:

- French-inspired brunch dishes.
- Modern takes on classic French comfort foods.
- Fusion cuisines that combine French, Creole, Cajun, and other regional styles.

Preservation and Celebration of French Culinary Traditions

Many American culinary institutions and festivals celebrate French heritage through:

- Cooking classes and demonstrations.
- Food festivals highlighting French-American cuisine.
- The continued popularity of French bakeries and cafés.

Conclusion

French cooking in early America served as a cornerstone of the nation's culinary development, influencing regional cuisines, refining cooking techniques, and elevating the dining experience. From

the sophisticated dishes of New Orleans to the hearty stews of Louisiana, French culinary traditions have persisted and evolved, shaping America's diverse food landscape. Today, the legacy of French cooking continues to thrive, celebrated for its artistry, technique, and timeless appeal—an enduring testament to the deep historical roots of French cuisine in early American history.

Keywords for SEO optimization: French cooking in early America, French culinary influence, American cuisine history, Louisiana Creole cuisine, French techniques in America, early American dishes, French recipes in America, French heritage in American food, Louisiana cuisine, French pastry traditions

French Cooking in Early America: A Culinary Heritage Rooted in Tradition and Adaptation

Introduction

French cooking in early America embodies a fascinating blend of cultural preservation, adaptation, and innovation. As European settlers arrived on the continent, they brought with them not only their language and customs but also their rich culinary traditions. The influence of French cuisine, particularly from regions such as Normandy, Brittany, and the Parisian culinary scene, played a significant role in shaping the early American palate. This culinary legacy persisted through the colonial period and into the formation of a unique American cuisine, reflecting both the heritage of French immigrants and their interactions with indigenous ingredients and other European settlers. Exploring this history offers insight into how French culinary principles established roots in early America and evolved amid new landscapes and diverse cultural influences.

The Origins of French Culinary Influence in America

French Immigration and Settlement Patterns

In the early 17th and 18th centuries, French explorers and settlers established colonies along the Atlantic coast, most notably in present-day Louisiana. The Louisiana region became a focal point of French cultural and culinary influence, with French explorers, traders, and settlers bringing their traditions across the Atlantic. These early French communities, including the notable French Creoles, maintained their culinary identities through local ingredients and cooking techniques.

The Role of French Culinary Traditions

French cuisine, renowned for its sophistication, techniques, and emphasis on sauces, was highly regarded in Europe and carried over by immigrants to the New World. French cooking was characterized by:

- Methodical Techniques: Sautéing, braising, roasting, and poaching.
- Rich Sauces: Béchamel, velouté, espagnole, and hollandaise.
- Structured Courses: Appetizers, main courses, and desserts.
- Use of Fresh Ingredients: Butter, herbs, wines, and locally available produce.

In early America, these principles were initially preserved within French immigrant communities, especially in Louisiana, where the culinary traditions remained more intact due to relative isolation and continued French governance.

French Culinary Practices and Adaptation in Colonial America

Integration with Indigenous and Local Ingredients

French cooks in early America faced the challenge of sourcing ingredients unfamiliar from Europe. They adapted their traditional recipes to incorporate native ingredients such as:

- Corn: Replacing wheat-based bread with cornbread.
- Local Fish and Seafood: Incorporating oysters, catfish, and other freshwater or coastal catches.
- Wild Game: Utilizing venison, wild fowl, and other game meats.
- Vegetables: Sweet potatoes, squash, okra, and peppers.

This adaptation led to the development of new regional dishes that retained French techniques but reflected local flavors.

The Evolution of French-Inspired Dishes

Some early American dishes influenced by French cuisine include:

- Gumbo: A stew combining French roux techniques with Native American and African ingredients.
- Jambalaya: A rice dish blending French cooking methods with local ingredients.
- Crêpes and Pastries: Baked goods brought by French immigrants adapted to available ingredients.

The Role of French Culinary Education and Cookbooks

In colonial America, cookbooks and culinary manuals from France influenced home cooks and professional chefs alike. Notable publications, such as "Le Cuisinier Royal et Bourgeois" by François Pierre La Varenne, provided foundational techniques that were modified to suit American

ingredients.

French Influence in Colonial Cities and Louisiana

New Orleans: A Culinary Melting Pot

As the most prominent hub of French influence in early America, New Orleans became a vibrant center of culinary exchange. French settlers, enslaved Africans, Caribbeans, and other immigrant groups contributed to a unique Creole cuisine that blended French techniques with Caribbean spices, African flavors, and indigenous ingredients.

- Creole Cuisine: Characterized by rich, spicy, and hearty dishes.
- Cooking Methods: Emphasized slow simmering, use of roux-based sauces, and complex spice blends.
- Signature Dishes: Shrimp Creole, Crawfish Étouffée, and Oysters Rockefeller.

The Impact of French Culinary Education in Louisiana

French culinary schools and chefs in Louisiana preserved traditional techniques and passed them down through generations, ensuring that French culinary principles remained central to the region's cooking.

French Culinary Techniques and Their Transmission

Classical French Techniques in Early America

Many foundational techniques of French cuisine found their way into American kitchens, including:

- Sauce Making: The backbone of French cuisine, emphasizing emulsification and reduction.
- Dégraissage: Clarifying fats and broths to achieve purity of flavor.
- Pâtisserie Skills: Pastry making, including puff pastry, tart shells, and éclairs.

The Role of French Chefs and Culinary Mentorship

Traveling French chefs, such as the legendary Marie-Antoine Carême, influenced American cooks through cookbooks and culinary demonstrations. Their emphasis on presentation, precise techniques, and the importance of sauces became a standard in American fine dining.

The Legacy and Continuing Influence of French Cooking in America

19th and 20th Century Revival

French culinary principles gained renewed popularity in America during the 19th and early 20th centuries with the advent of French-trained chefs and the rise of French-inspired restaurants. French cooking schools, such as Le Cordon Bleu, furthered American chefs' mastery of French techniques.

Modern Interpretations and Fusion

Today, French influence remains evident in American cuisine through:

- French-American Fusion: Combining French techniques with local ingredients and flavors.
- Gourmet and Haute Cuisine: Fine dining establishments emphasizing French culinary methods.
- Culinary Education: French cooking techniques are foundational in culinary schools across the U.S.

Preservation of Regional French Influence

Louisiana's Creole and Cajun cuisines continue to showcase the deep-rooted French culinary traditions, blending them seamlessly with African, Caribbean, and indigenous flavors.

Conclusion

French cooking in early America is a testament to the enduring power of culinary tradition and its capacity for adaptation. From the early colonial period through the development of regional cuisines like Creole and Cajun, French techniques and principles provided a foundation that evolved in response to new ingredients, cultural influences, and changing tastes. Today, the legacy of French cuisine remains a vital part of America's culinary landscape, celebrated for its techniques, rich flavors, and cultural significance. Whether in historic dishes, high-end restaurants, or everyday home cooking, the influence of French culinary artistry continues to enrich American food culture, connecting the past with the present in a delicious continuum.

Question How did French cooking influence early American cuisine? French cooking introduced techniques such as sautéing, braising, and the use of rich sauces, which significantly shaped the development of American culinary traditions, especially in regions with French settlements. **Answer** What role did French chefs or culinary traditions play in early American colonies? French chefs and culinary practices were often brought by settlers and traders, contributing refined cooking techniques and recipes that blended with indigenous and other European influences in early America. Which French dishes were popular in early America? Dishes such as coq au vin, ratatouille, and French bread became popular among the colonial elite, reflecting the sophistication of French cuisine and its adaptation to American ingredients. How did French culinary techniques

spread in early America? French techniques spread through the migration of French chefs, the establishment of French-influenced kitchens, and the publication of cookbooks that shared French recipes and methods with American cooks. Were French ingredients commonly used in early American cooking? Yes, ingredients like wine, butter, herbs, and fine cheeses were incorporated into early American recipes, reflecting French culinary influence and trade connections. Did French cooking influence the development of specific American dishes? Absolutely; French techniques and ingredients contributed to the creation of dishes like gumbo, jambalaya, and certain pastry recipes, blending French and local flavors. How did French culinary traditions adapt to American ingredients in early America? French chefs adapted their recipes by substituting local ingredients such as native herbs and meats, creating unique regional styles that retained French techniques. What was the significance of French culinary influence during the American Revolution? French culinary influence was prominent among the colonial aristocracy and revolutionaries, symbolizing sophistication, and French techniques were often associated with the ideals of refinement and enlightenment. Are there any surviving French-American recipes from early colonial times? Yes, some recipes documented in early cookbooks and household manuals reflect French techniques and ingredients, serving as a testament to the lasting influence of French cooking in America.

Related keywords: French cuisine, early American food, colonial gastronomy, French influence, New France culinary, 18th-century cooking, French immigrants, colonial recipes, French culinary traditions, early American kitchens

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